

Baobab & Marula: New Solutions to Global Warming and Food Security

Nutritional value, biochemical properties and health benefits of Marula

Dlamini, Nomusa R

Council for Scientific and Industrial Research (CSIR)

Meiring Naude Drive, Pretoria, 0184

Email: NRDlamini@csir.co.za

Marula is among the indigenous fruit trees that were selected for domestication in Southern Africa region, to improve people's nutritional status and well-being through the development of products with commercialization potential. Marula-based products have also major potential to improve human health.