Umbiflow

Improving Primary-Level Ante-Natal Care Whilst Reducing Secondary-Level Patient Load

4th Biennial Conference

Presented by: Jeremy Wallis, CSIR

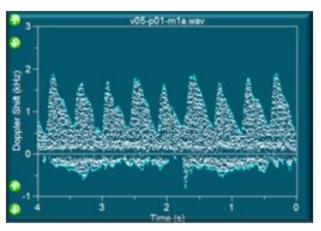
Date: 9th October 2012



What is Umbiflow?

- A low cost, Doppler ultrasound system used to assess blood flow in the umbilical cord
- Targeted at ante-natal clinics for use by nursing sisters / midwives
- Changes the paradigm of ultrasound being used only by specialists at the secondary level
- Tests the proposal: can you shift secondary level diagnostic tests to the primary level and achieve improvements in health care quality & efficiency?



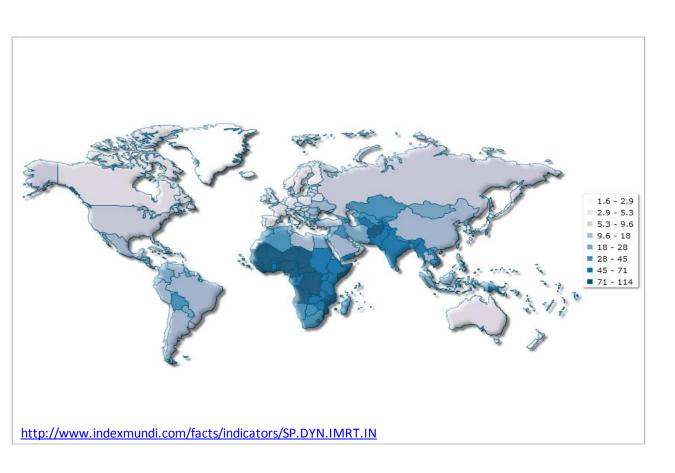


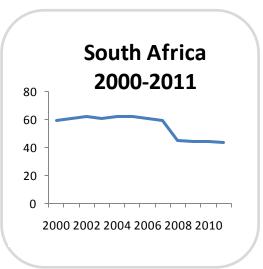


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Infant Mortality Rates – World Map

Infant Mortality Rates are a good indicator of a country's Maternal & Child Health status (infant deaths before age 1 per 1000 live births)







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World View – The Millennium Development Goals



Reduce by two thirds, between 1990 and 2015, the under-five mortality rate



Reduce by three quarters, between 1990 and 2015, the maternal mortality ratio

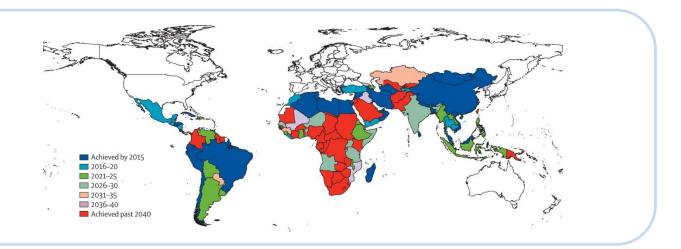
Achieve universal access to reproductive healthcare



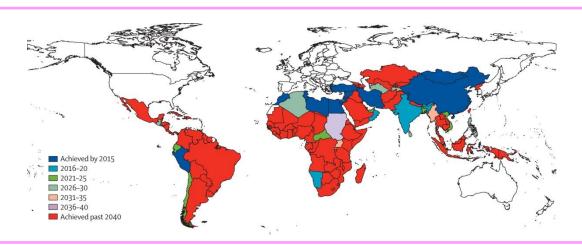
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World View – The Millennium Development Goals









Progress towards Millennium Development Goals 4 and 5 on maternal and child mortality: an updated systematic analysis The Lancet Volume 378, Issue 9797 2011 1139 - 1165

http://dx.doi.org/10.1016/S0140-6736(11)61337-8



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South African View: DOH Budget Vote Speech April 2012

DOH Key Outcome (1 of the 12 Outcomes of Government):

A Long & Healthy Life For All South Africans

Four Outputs:

- 1. Improve the life expectancy of all South Africans
- 2. Decreasing maternal & child mortality
- 3. Dealing with the scourge of HIV & AIDS & TB
- 4. Improving the efficiency and effectiveness of the healthcare system

Umbiflow, the subject of this presentation, is a technological intervention in Doppler Ultrasound for <u>Ante-Natal Health Care</u> that targets:

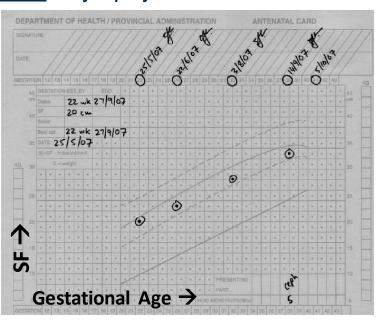
- Millennium Development Goal 4 Reducing child mortality
- Millennium Development Goal 5 Achieve universal access to reproductive health
- DOH Outputs 2 & 4.



Ante-Natal Care in the Primary Health Care Sector

- Monthly maternal visits to a PHC / Ante-Natal Clinic: track maternal & foetal health
- Accepted practice is to track foetal growth: Symphysis Fundal Measurement (SF)



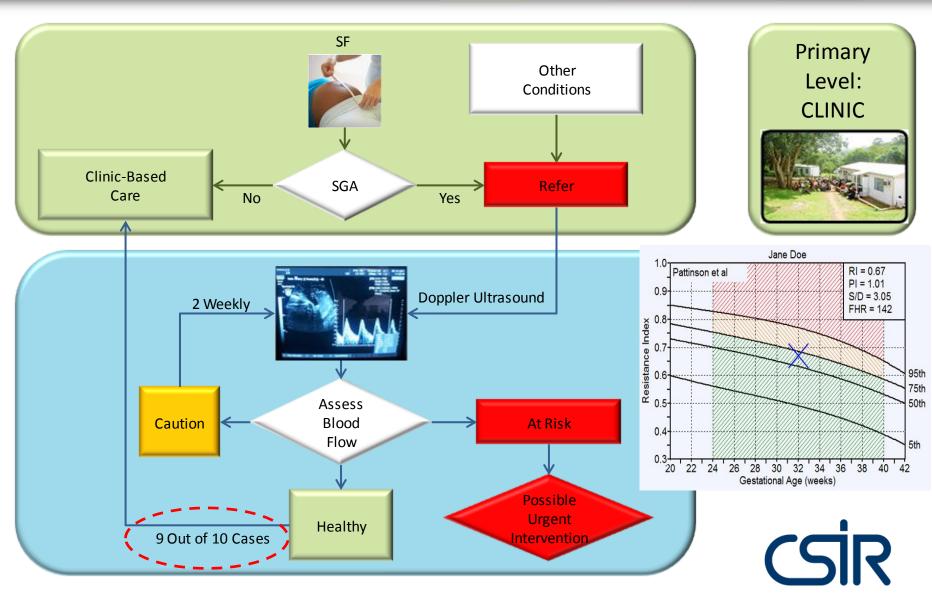


- Works at a level of aggregation :
 - Irrespective of sickness condition: foetal growth will be restricted
- SF is effective at identifying "Small for Gestational Age" (SGA) foetuses (<10th %)



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Ante-Natal Care: 3rd Trimester Referral Process



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Umbiflow: Value Proposition

Umbiflow's Value Proposition:

- Position umbilical blood flow assessment at clinics
- Immediate assessment of healthy versus sick SGA
- Greatly reduce referral rate & patient load upwards
- Reduced maternal stress / transport / time off work
- Reduced perinatal mortality rate potential



Primary Level: CLINIC



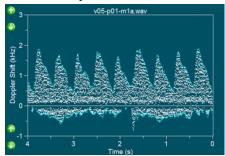
These benefits align with our national priorities:

- Improved maternal access to ante-natal care
- Reduced child mortality rates
- Improved efficiency & effectiveness of the healthcare system



Umbilical Blood Flow Measurement – Clinical Need

First reported use in 1977



- By 1996: American Journal of Obstetrics & Gynaecology reported:
 - "There is now compelling evidence that women with high-risk pregnancies, including pre-eclampsyia and suspected intrauterine growth retardation should have access to Doppler ultrasonographic study of umbilical artery waveforms"

(Am. J. Obstet. Gynecol., 1996, 172, pp. 1379-87.)

- When Umbiflow development started, available equipment:
 - Used only at secondary level of health care
 - Used only by specialist staff
 - Cost typically R250k each: out of reach of primary health clinics.

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Umbiflow: The Challenge



Key design challenges :

- Low cost
- Easy to use by non-specialist medical staff

The solution :

- Plug & Play USB Doppler Ultrasound Probe
- PC based software (moving later to Tablet PCs and Smart Phones).



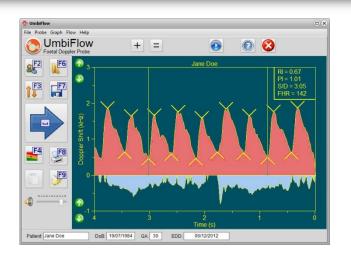
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Umbiflow: Hardware Design

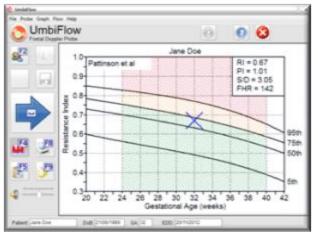


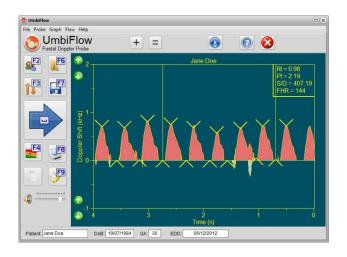
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Umbiflow: Software Design













Umbiflow: Clinical Progress

- Clinical tests successfully completed to validate Umbiflow's accuracy :
 - "Comparison between a newly developed PC-based Doppler umbilical artery waveform analyser and a commercial unit" (South African Medical Journal, Vol. 95, No. 1, 01/2005)

"... comparing Umbiflow to a gold standard, mean difference of RI values 'very small' <0.024"

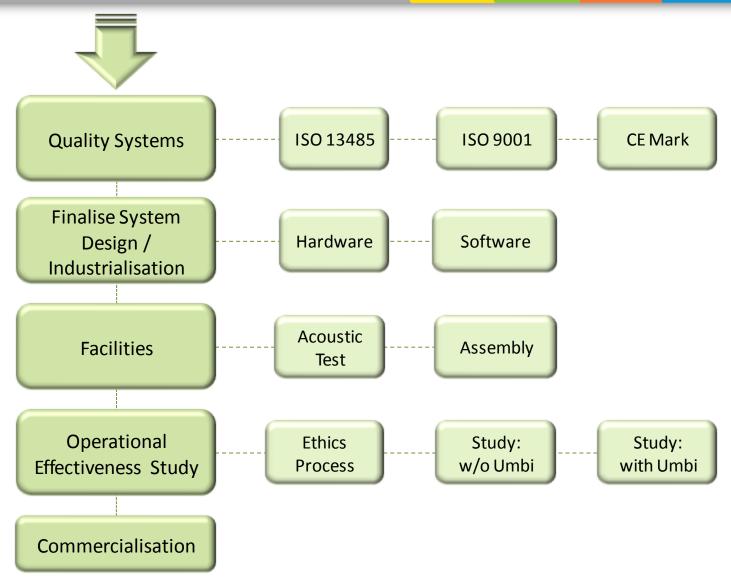
• "Evaluation of the use of umbilical artery Doppler flow studies and outcomes of pregnancies at a secondary hospital" (The Journal of Maternal-Fetal and Neonatal Medicine, 20(3), pp. 233-239, 03/2007)

"... concurs with Alfirevic & Neilson's meta-analysis finding that demonstrated that the odds for perinatal death are reduced by 38% with the use of Doppler studies in the high-risk pregnancy population"



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Umbiflow: Remaining Tasks





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Umbiflow: Summary

- Umbiflow is a PC-Based Doppler-Ultrasound system for Umbilical Blood Flow Measurement, targeted at Ante-Natal care at the Primary Level
- Empowers nurses & midwives to provide an improved quality of health care at the Primary Level
- Achieves improved access to ante-natal care for pregnant women outside the major urban areas
- Greatly reduces referral rates to the Secondary Level (by factor ~ 5-10)
 - e.g. ~2,000 less patients per annum at a secondary level hospital such as
 Tygerberg in Cape Town (in just one department)
 - Cost savings at the more expensive Secondary Level
- Assist with reduced perinatal mortality rates.



Umbiflow: Thanks!

Thanks to a very special CSIR team who are making this happen:



Absent when picture taken: Kiri Nicolaides, Peet de Wet, Liesl Baben, Louise Nortman, Hein Swart, Dawid Oosthuizen

As well as our partners & advisors :

MRC : Giovanni Milandri, Tony Bunn SUN / Tygerberg : Professor Gerhard Theron

WC DOH: Dr Stefan Gebhardt UP: Prof. Bob Pattinson

Kalafong: Dr Petro Mulder EC: Prof. Justus Hofmeyr

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SA Deputy Minister of Health, Dr Gwen Ramokgopa

At the Umbiflow stand, mHealth Summit, Washington DC, Dec. 2011.

Thank you

