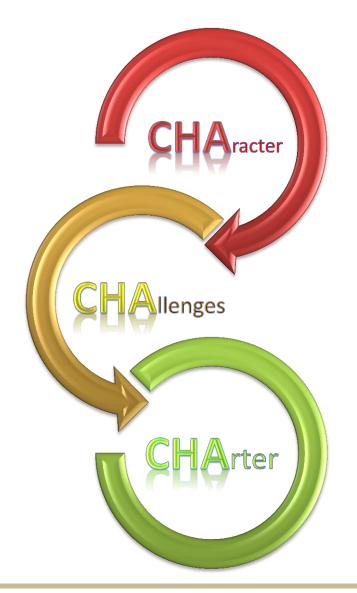


From reactive to proactive management of the South African healthcare estate.

Peta de Jager and Geoff Abbott



Assertions:

Everyone has the constitutional right to:
an environment that is not harmful to their
health or well-being; and
access to health care services

Service delivery in the healthcare sector is profoundly affected by the built infrastructure provided to support it

Sustainability requires that the value of your wealth, in all its forms, should increase over time – and South Africa's is declining [3]

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sectorisation of healthcare provision with distinctive characteristics:

PRIVATE SECTOR

- Market driven (brand-conscious, attract HCW and patients);
- Must remain viable:
 - Economic imperative to minimise capital cost;
 - Replicates successes;
 - "In-house" capability;
- Agile (selects its services);
- Formerly legislated with reference to minimum standards (R158).

48.5% of spend (R 120.8-billion)

16.2% of the population

8.2-million

PUBLIC SECTOR

- Complex institutional split between custodial and user departments;
- Economic imperative to minimise operating costs:
 - Maintenance averse;
 - Roster-based professional selection;
- Inert;
- Formerly legislated with reference to maximum area and cost norms (SAHnorms)

49.2%* of spend (R 122.4-billion) 84% of the population 42-million people

[4]* excludes works on health infrastructure









[4]



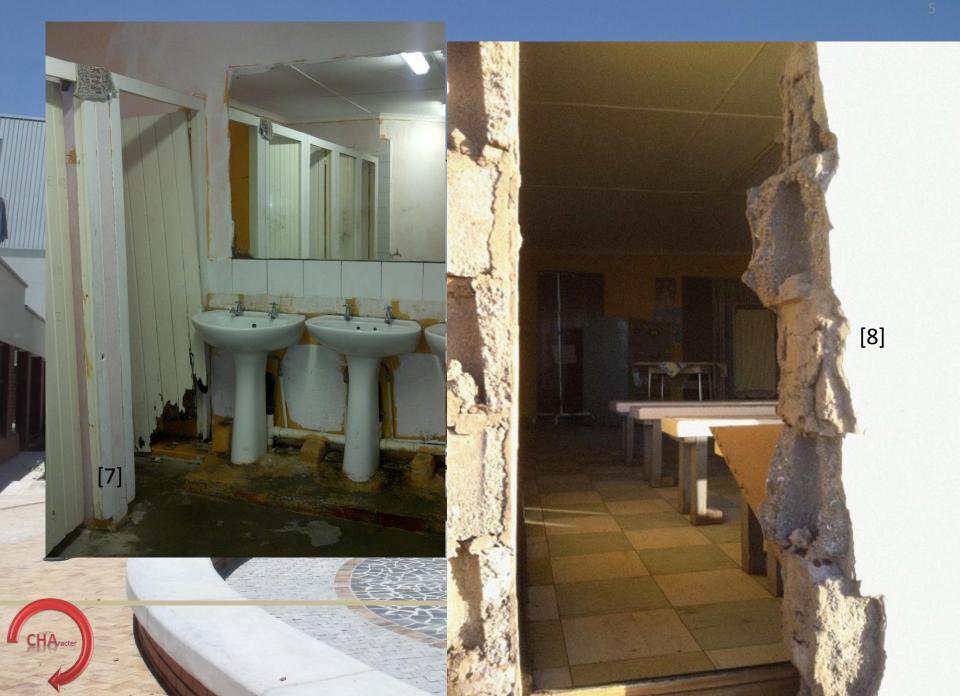
CHARACTERISTICS . CHALLENGES . CHARTER . conclusion





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intro * CHARACTERISTICS * CHALLENGES * CHARTER * conclusion



DE DY EA An ir colla

+ CITIZENS' REPORTS

A HOSPITAL CRUMBLES

Health care at Canzibe Hospital has all but collapsed as two foreign doctors desperately try to keep basic services going.

The road to Canzibe Hospital is dusty, mountainous and potholed. Turning off the gravel road from Mdumbl, it takes about two hours to travel the more than 20km from Coffee Bay, it's hard to imagine trying to survive this trip in the back of an ambulance or taxl when you are pregnant or ill. But this is the daily reality for the many patients who cannot be helped at Canzibe Hospital, a 140-bed district hospital that serves more than 150 000 people in the Nogoleni sub-clistict.

The hospital is a collection of crumbling and collapsed buildings, with long grass and scattered rubbish everywhere. It has five inpatient wards, an outpatient department and a casualty section. The hospital also has any x-ray department, pharmacy and antiretroviral therapy unit.

While there are three doctors employed, the hospital essentially runs on the services of two Dutch doctors; the third doctor being mostly absent. Before the second Dutch doctor arrived this year, the hospital ran with one Dutch doctor for eight months.

The two doctors manage an outpatient department of between 80 and 100 patients daily, and are only able to attend to the seriously ill or injured patients. In addition, there are more than 80 inpatients that need to be attended to. The doctors work long hours with more overtime than should be allowed, an unsafe and unsustainable practice, with a high risk of burnout.

The hospital is unable to offer any outreach or preventative services to the 11 clinics it serves. This means patients often arrive at the hospital only when they are extremely ill, putting additional strain on the over-stretched staff and compromised services.

The litany of problems is extensive:

The doctor shortage means Caesarean sections are referred to other hospitals, as two doctors have to be present during surgery. The closest hospital is St Barnabas in Libode, more than an hour's drive away on bumpy, unsafe roads. The risks to pregnant women are exacerbated when they are forced to wait, often for hours, for transport to arrive. This situation compounds the problems at Canzible: the hospital manager recently directed a doctor to accompany mothers to St Barmabas, which meant Canzible was left with no doctor on the premises. The doctor refused. St Barmabas is also facing severe staff shortages and mothers are often referred on to Mthatha, between 90 minutes and two hours drive away. A hospital source said there is no doubt that some pregnant women and their unborn bables have died during the trip or after arriving at Mthatha.

Canzibe has a severe nursing shortage, no physiotherapist and no pharmacist. Staff members who work in the hospital pharmacy basically hand out drugs, but can offer no information on adverse side effects or drug combinations.

The x-ray machine has been due for its quartely quality assumed test since Orbober 2012, but management has failed to arrange the mandatory testing. The machine has been used nonetheless. It is now malfunctioning, and patients are referred to Mthatha for a simple x-ray test. A round trip to Mthatha for but skees more than 12 hours, and suspected TB cases who are also sent to Mthatha for x-rays travel in the same but as everyone else.

The hospital regularly runs out of oxygen. One source who spoke to SECTION27 was aware of at least one infant in respiratory distress who died because there was no oxygen supply.

A daily bus meant to transport patients between Canzibe and Mthatha does not operate every day, and is frequently used to transport supplies such as blood.

The hospital regularly runs out of medical supplies and drugs, including antibiotics.

Poor hospital management is identified as a major reason for the breakdown of services.

+ Canzibe Hospital is a 140-bed district hospital that serves more than 150 000 people in the Ngqeleni sub-district.

DEATH AND DYING IN THE EASTERN CAPE - An investigation into the collapse of a health system



What workers & patients say...



'There is a poor management at the hospital, the broken x-ray machine being a prime

example. The hospital grounds and buildings are totally neglected. Patients often sleep at the hospital as they wait to be seen. Transcape is now denied access to the hospital despite donors having invested hugely. Our mainutrition project was closed down by the hospital and the building is used for staff accommodation!

Luzuko Bango – Transcape chair



'Our community depends on the Canzibe Gateway Clinic and Canzibe Hospital, There

are no nurses and doctors, and pepelpe often wait long before being turned away. One nurse runs the clinic, which is on the same grounds as the hospital. The clinic and hospital often run out of medications and there is no ambulance, so we have to hire our

own transport. If people do wait, they can wait for days before an ambulance takes them to Nelson Mandela Academic Hospital in Mthatha. The hospital grounds are in complete disrepair with overgrown bushes and grass. A patient was recently bitten by a snake on the hospital grounds. The toller facilities are a bysmal! Abiguil Lamle – patient



I have been a community health worker since 2008. My patients are regularly turned

away from the clinic and hospital, with medication. Patients are sometimes told to go and buy their medication, or given painkillers for serious conditions. The patients are devastated as they often travel long distances. Young children and elderly patients are made to stand in long queues outside, in the sun. I have often waited the entire day with my patients without them seeing a doctor. Sometimes we sleep at the hospital in the bop of being seen the next day, Ambulances

services are completely unreliable and mostly unavailable. Once an ambulance driver abandoned a minor patient in Mthatha and I had to reply on the goodwill of stranger to pay his taxif are home. My salary payments are unreliable and I am not always paid: Nontandazo Millo – community health worker.



'I have been a community health worker since 2008 and work for social services. The

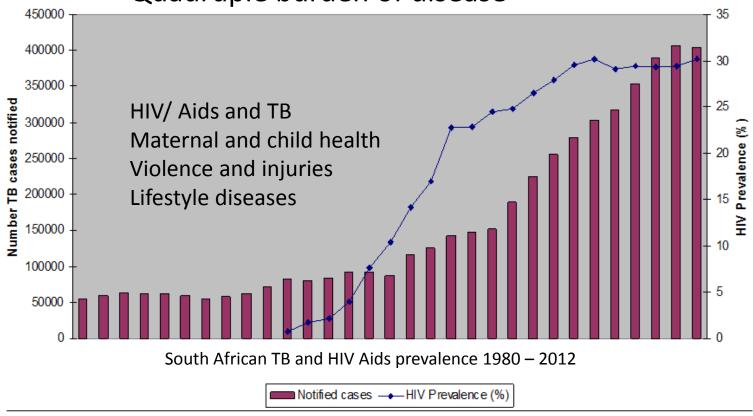
absence of ambulance services has caused great suffering. Mostly sickly patients have to pay for private transport and I have to loan them the money, even though I have very little. Canzibe has huge staff and medication shortages. Sometimes patients have to share ARVs because they do not get all their treatment. It really hurts me when my patients are in pain and I feel helpless. The clinic has now told us they will not be open on Fridays." Movikwa Bottomane - community health worker

DEATH AND DYING IN THE EASTERN CAPE - An investigation into the collapse of a health system

21



Quadruple burden of disease



South African's life expectancy has dropped

[10]

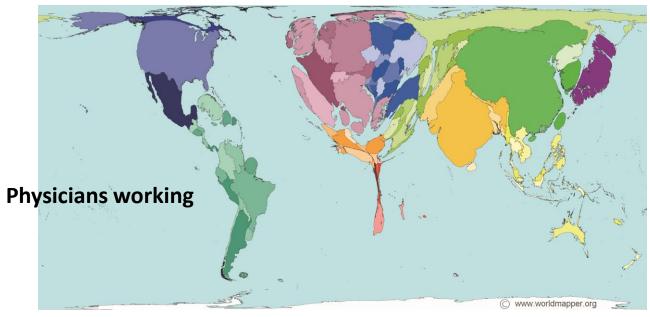


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Resource constraints

Severe staffing constraints (healthcare and built environment)
Legacy service platform
Very slow replacement rate – about 40 years



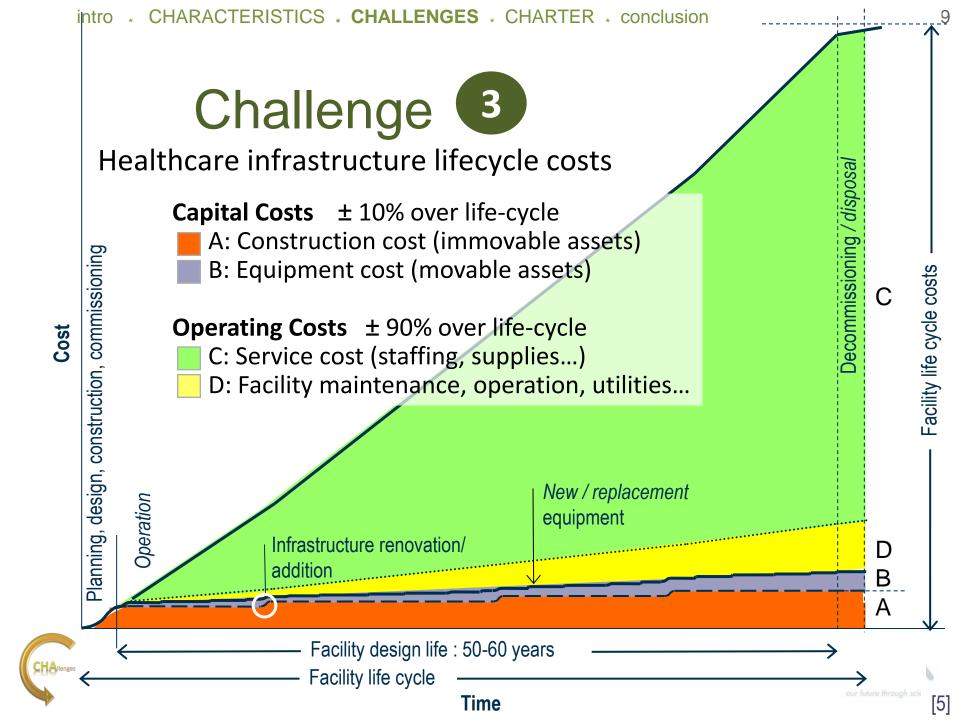
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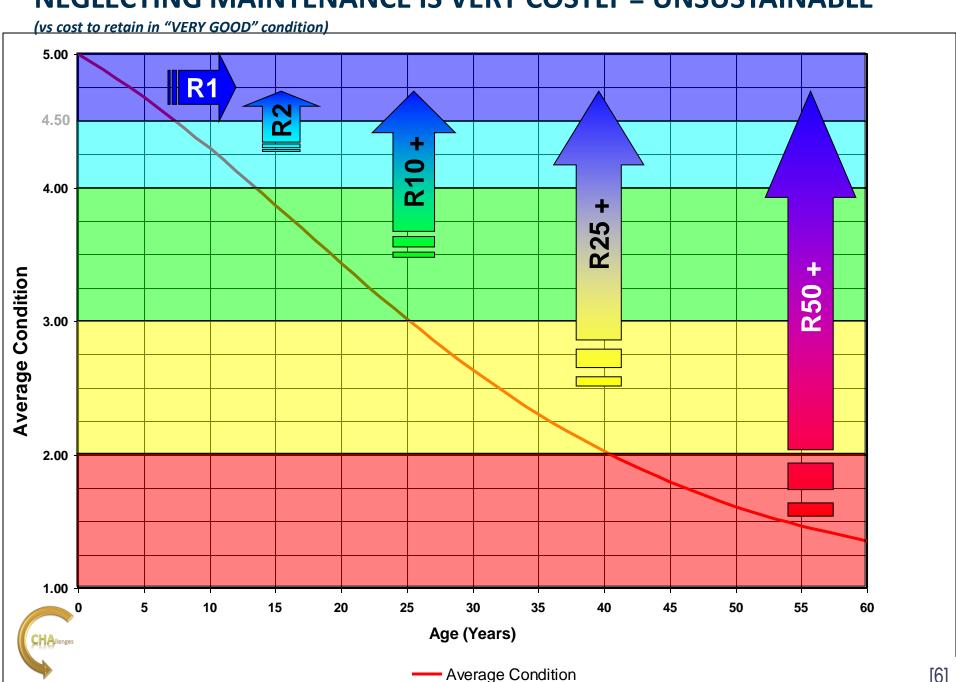








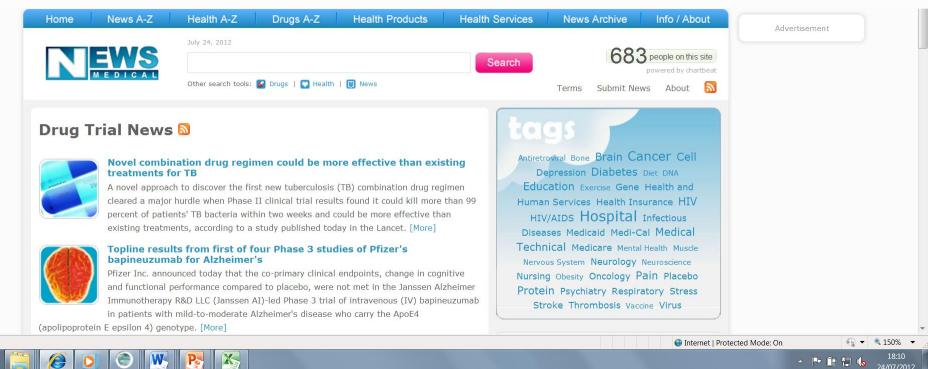
NEGLECTING MAINTENANCE IS VERY COSTLY = UNSUSTAINABLE





Buildings are fixed assets – but healthcare services ma

but healthcare services may best be flexible to address technology developments and need





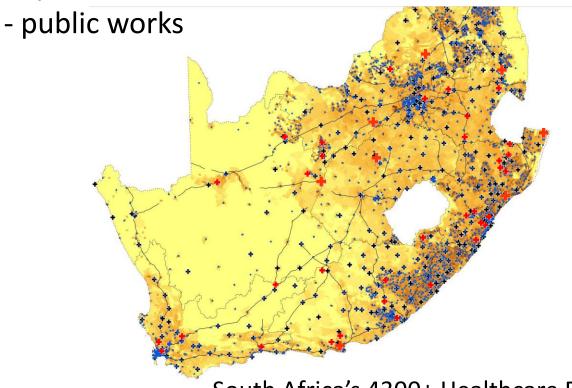
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9 autonomous provinces & a national government

- client department



South Africa's 4300+ Healthcare Facilities [12]

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By 2030, the health system should provide:

quality care to all,

Universal access to primary health care,

free at the point of service, or insurance-funded.

Focus on prevention, education, disease management and treatment

Hospitals should be effective and efficient, for quality secondary and tertiary care. More health professionals

[13]



IUSS = National Department of Health initiative

+ DBSA, CSIR structured collaboration

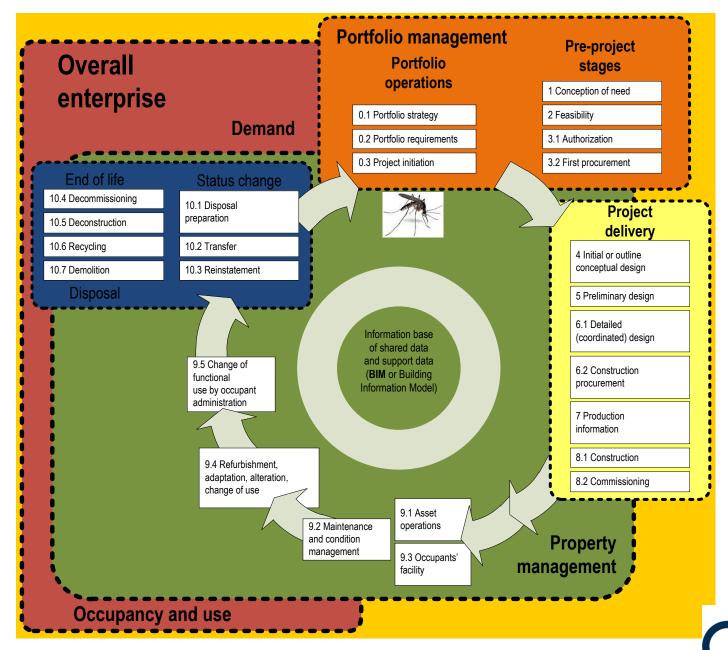
... sustainable set of norms and standards for all levels of health care facilities to inform and guide work related to all stages of the health infrastructure lifecycle from strategic planning through to operation and disposal... [14]



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Schematic diagram of phases and stages in the whole life [15]

Department of Health **INFRASTRUCTURE UNIT SUPPORT SYSTEM (IUSS)**

INPATIENT FACILITIES

The adult inpatient unit is the clinical unit in a hospital where patient bed space and clinical treatment space is combined to provide a therapeutic unit for clinical diagnosis, medical and

The documents outline the policy and service context, to illustrate the desired planning principles and design considerations of Clinical spaces such as in-patient

The documents outline the policy and service context and attempts to illustrate the desired planning

- Part A outlines the national and provincial service and policy context which are the basic determinants of the planning and design principles;
- Part B contains planning and design guidance. design considerations, functional relationships between specific units within the nursing college: Part C develops these principles into a room requirements list
- Part D contains room data sheets and Part E includes some indicative equipment lists



ACTS & REGULATIONS

The National Health Act, 2003 (Act No. 63 of 2003)

the Government Gazette No 185, 2nd March 2012

PATIENT FLOW

FUNCTIONAL AREAS



DEPARTMENTAL RELATIONSHIPS



ROOM REQUIREMENTS

Description & function Location & relationships Activities



a) Dedicated paediatric b) Child centred design:

c) Friendly healthcare environments for childre and young people

PAEDIATRICS Key design principles for planning a paediatric facility

Outside spaces: Education: Artwork in the hospital Sense Sensitive Design

e) Play area:



to have the competence and expertise to

NURSING EDUCATION INSTITUTIONS

predominantly nurse-based, requiring nurses manage the country's burden of disease and to meet South Africa's healthcare needs. The essential role of nurses is recognized by the Minister of Health as critical to achieving "A long and a healthy life for all South Africans" Strategic Plan for Nursing Education, Training and Practice 2012/13 - 2016/17

EMERGENCY CENTRES: MATERNITY CARE FACILITIES

The Emergency Centre (EC) is defined as the dedicated area in a health facility that is organised and administered to provide a high standard of emergency care to those in the community who are in need of acute or urgent care. It forms the direct portal of entry for patients requiring emergency services. The patient flow through the EC determines the main areas within the Emergency

 Resuscitation area Majors areaMinors area

The maternity care facilities, collectively known as the maternity unit (MU), provide services for the safe antenatal, birthing and babies in a comfortable environment that facilitates the normal physiological process of pregnancy and birth. The service includes care, delivery rooms, postnatal care, neonatal and kangaroo mother care and termination of pregnancy management.









- Non-prescriptive approach
- Service delivery driver and evidencebase drivers for guidelines, norms and standards;
- Open building for flexibility?;
- Promotion of equity and access through appropriate standardisation;
- Value management





0

Department of Health INFRASTRUCTURE UNIT SUPPORT SYSTEM (IUSS)

Cross-cutting Issues is a grouping of work packages for services and disciplines that are applicable to and impact on a broad spectrum of healthcare infrastructure, for example, Building Engineering Services (BES), Inclusive Environments (IE) and Infection Prevention and Control (IPC).

BUILDING ENGINEERING SERVICES (BES) Towards Functional & Sustainable Design

The focus of the building engineering services guidance document is towards sustainable clinical outcomes as they can be achieved through appropriate infection control measures and technical relevance.

Clinical Outcomes

Infection Control Measures Technical Relevance

Air-borne Water-borne Quantity Quality

Broad Ranging Standards and Regulations Consulted and Incorporated:

Standards & Regulations

Services addressed:

- Heating Ventilation & Air Conditioning
- Medical gas and vacuum services

Local

- Fire protection
- Electrical services
- Electronic s
 Lifts



International

Ventilation Design Philosophy

Hierarchy of Design Solutions

Fully Mechanical Ventilation

Hybrid cystems with Climatic adaptability Climatic adaptability Ventilation

Fully Passive Ventilation

Coccupants/Tejulement Occupants/Tejulement O

Heating Ventilation and Air-conditioning

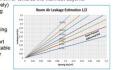
The following design interventions should be considered for implementation singly or in combination in the following hierarchy where the internal design condition cannot be met:

- Reducing solar and internal heat gains
- Using thermal mass to move room temperature extremes to outside of occupancy periods.
- Change occupancy schedules seasonally to improve indoor comfort conditions. (eg. Shift consultation hours from or towards the warmest daytime
- hours during summer or winter respectively)

 Introducing passive cooling or heating

 Room Air Leakage Estimati
- strategies
 Increasing ventilation rates
- Providing mechanical cooling or heating

The adaptive approach to thermal comfort will result in designs with broader acceptable temperature ranges and thereby greater energy efficiency.



NFECTION PREVENTION & CONTROL (IPC)

must be applied at all times, and additional transmission-based controls where, by virtue o particular circumstances such as patient diagnosis, infectiousness, vulnerability profiles o susceptible individuals or epidemiological factors additional precautions are indicated.

IPC practice is a systematic



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- Lifecycle perspective;
 - Maintenance phases
 - Positive decommissioning
- Performance and consumption targets;
- Engineered passive design encouraged with wide occupancy comfort levels defined





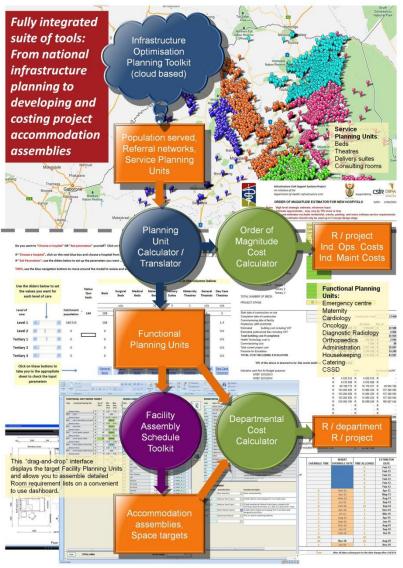








Department of Health INFRASTRUCTURE UNIT SUPPORT SYSTEM (IUSS)



- Cost models (with operational cost horizon)
- Website on-going stakeholder engagement; <u>www.iussonline.co.za</u>
- Integrated infrastructure planning
 - staff
 - resource
 - and service coordination across line departments









Department of Health INFRASTRUCTURE UNIT SUPPORT SYSTEM (IUSS)

Project Portfolio Office (PPO) also referred to as the Project Management Information Systems (PMIS) is an online project portfolio management and collaboration application, assisting project teams within the DOH's infrastructure unit, to strengthen the ability to manage their infrastructure programmes and projects more effectively.





PMIS

The tool also provides the users with a visual, interactive view of the programme, project and infrastructure management process, enabling them to manage, monitor and track the required governance with real time e-mail alerts of project events as they happen as well as scheduled alerts and reminders.

Officials can create and allocate tasks, deliverables and milestones to resources, while also allowing team members to update tasks and provide immediate progress

Project Portfolio Office (PPO) will become the backbone of a well-implemented

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- Set clear technical and environmental guidance without prescribing solutions
 - Making smart clients

Concern – institutional arrangements to encourage multi-disciplinary integration – new roles (Al Straford)

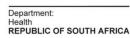
IUSS: An initiative of the Department of Health supported by the Council for Scientific and Industrial Research (CSIR) and the Development Bank of Southern Africa (DBSA









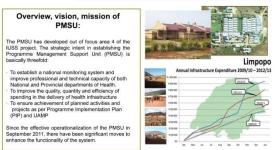


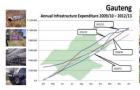




Department of Health INFRASTRÜCTURE UNIT SUPPORT SYSTEM (IUSS)

The Programme Management Support Unit (PMSU) has been established by the National Department of Health (NDOH), in association with the Development Bank of Southern Africa (DBSA) to support the NDOH Infrastructure Unit in the roll out of its



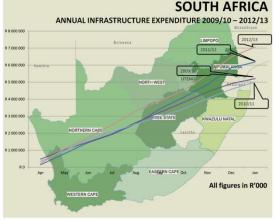












Dramatic short-term decrease in provincial infrastructure under-expenditure through establishment of internal engineering management competence:

- Oversight and quality control of provincial implementation through building project conceptualization, design, standardization and project controls at a national level
- A specialist contracting unit to oversee project management, sequencing and pricing
- Grant structure reforms

[19]

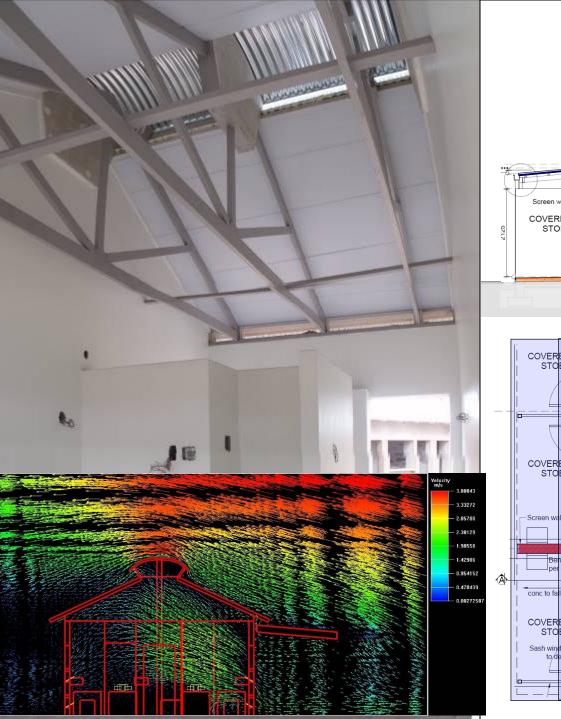


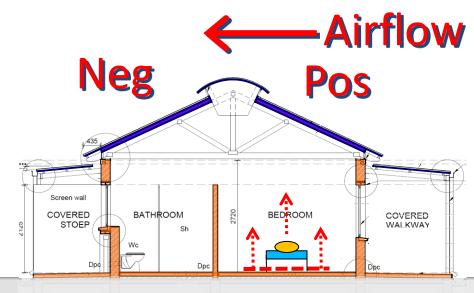


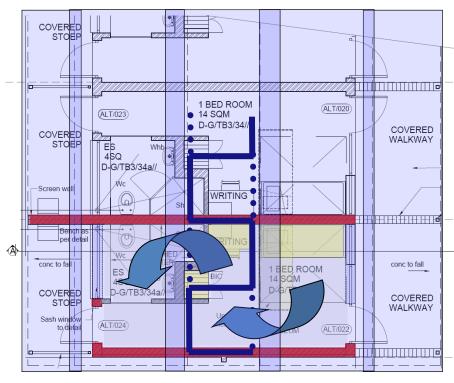




















intro . CHARACTERISTICS . CHALLENGES . CHARTER . conclusion

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Acknowledgements

National Department of Health, DBSA, CSIR (especially the Architectural Engineering Research Group), stakeholders in public and private service frequently on a voluntary basis and appointed experts



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Second Call for Papers (September 2013)

http://www.uia2014durban.org



ABSTRACT SUBMISSION DEADLINE: 31ST OCTOBER 2013